

David M. Valadez Senshin Center Dojocho

Pure Heart by David M. Valadez

Deshi: You say that if we do not have a pure heart we cannot have pure technique. You make it sound as if one leads to the other.

Sensei: Yes, I believe it is this way.

Deshi: Can we go the other way - can we go from technique to pure heart?

Sensei: No.